

Spring/ Summer Menu 2022



	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One 28 Feb 21 Mar 25 Apr 16 May 13 Jun 4 Jul 25 Jul 19 Sep 10 Oct	Option 1	Tomato Pasta	Beef Burger in a Bun with Potato Wedges	Roast Gammon, Roast Potatoes & Gravy	Chinese Chicken Curry with Rice	Breaded Fish with Chips & Tomato Sauce
	Option 2	Spanish Omelette with New Potatoes	BBQ Quorn Fillet with Rice	Quorn Fillet with Roast Potatoes & Gravy	Broccoli & Cheese Pasta Bake	Vegan Mexican Roll with Chips & Tomato Sauce
	Vegetables	Cucumber Rainbow Slaw	Sweetcorn Peas	Carrots Broccoli	Green Beans Carrots	Peas Baked Beans
	Dessert	Carrot & Courgette Cake with Custard	Apple & Raisin Flapjack	Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie	Jelly
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Two 7 Mar 28 Mar 2 May 23 May 20 Jun 11 Jul 5 Sep 26 Sep 17 Oct	Option 1	Macaroni Cheese	Spaghetti Bolognese	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Cheese and Tomato Pizza with Potato Wedges	Fishfingers with Chips & Tomato Sauce
	Option 2	Vegetable Curry with Rice	Vegan Spaghetti Bolognese	Roast Quorn, Roast Potatoes, Stuffing, & Gravy	Vegan Burger in a Bun with Wedges & Tomato Sauce	Cheese & Bean Pasty with Chips
	Vegetables	Sweetcorn Broccoli	Carrots Green Beans	Carrots Peas	Broccoli Sweetcorn	Peas Baked Beans
	Dessert	Apple & Berry Crumble with Custard	Lemon Drizzle Cake	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce	Apple, Cheese & Crackers
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Three 14 Mar 4 Apr 9 May 6 Jun 27 Jun 18 Jul 12 Sep 3 Oct 24 Oct	Option 1	Falafel with Lemon & Herb Couscous	Beef Lasagne with Garlic Bread	Roast Turkey, Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish in Batter with Chips & Tomato Sauce
	Option 2	Cheese and Tomato French Bread Pizza	Vegetable Enchiladas with Rice	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegan Sausage Hot Dog with Potato Wedges	Cheese & Red Pepper Frittata with Chips & Tomato Sauce
	Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweetcorn	Carrots Broccoli	Sweetcorn Peas	Peas Baked Beans
	Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly & Mandarins	Fresh Fruit & Yoghurt Station	Banana Sponge with Custard	Chocolate Shortbread
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.